



Health & Wellness Advisory Committee

Virtual Meeting – 3:40 pm

December 7, 2022

Meeting ID: meet.google.com/gwg-mahr-fsj

Phone Number: 402-629-0137 PIN: 318 112 502#

I. Reports:

- a. District Update – Michael Byrd, Deputy Superintendent
- b. Food Services – Quarterly Menu Review - Ark. 6.06.5 - Erin Wilkes, Director of Food Services
 - https://docs.google.com/document/d/10QzzidwBUwJ-z2mo_gwn0AurFCqdo3GLn-Wxq9xh5ZQ/edit
- c. *Health Services* – Vonda Morgan, Director of Nursing
- d. Counseling Services-Emily Taylor, Director of Counseling Services
- e. Safety & Security - Morris Rothfeldt, Executive Director for Support Services
- f. Health & Wellness - Kelly Spencer, Health Wellness Coordinator
 - i. Wellness Policy - Revisions
https://www.cabotschools.org/storage/files/shares/userfiles/Health_Fitness/Wellness/20202021/Wellness_Policy_Updated_20202021.pdf
 - ii. Triennial Assessment Results - 23/24 Cycle
<https://www.cabotschools.org/storage/files/shares/Departments/Health%20%20Wellness/2023-2024/Triennial%20Assessment%2023-24%20-%20Sheet1.pdf>
 - iii. 2023 Report to the Public - Ark 6.07.1.4 - *Inform & update public regarding wellness policy content and implementation & Ark 6.06.10 - Include in the annual Report to the Public the amount of funds received & expenditures made from competitive food & beverage contracts.*
https://docs.google.com/presentation/d/1eF92D1HvhET_aKnrTuCWflunDiTtnqnnTWC1xan6M0I/edit#slide=id.p
 - iv. Wellness Committee Requirements -
https://www.cabotschools.org/storage/files/shares/Departments/Health%20%20Wellness/2023-2024/Wellness_Committee_Checklist_23-24.pdf

II. Other Business

Next Wellness Committee Meeting - February 22, 2024

- Ark. 6.06.5 - *Annually maintain and update a written list of recommended locally available healthier options for food and Beverages available for sale to students.*